



# 上海私立安乔双语幼儿园®一周菜单

## Weekly Menu of Shanghai Angels Bilingual Kindergarten®

		2024/4/1 周一Monday	2024/4/2 周二Tuesday
上午点心 Morning snack		牛奶 巧克力小饼干 Milk,Chocolate biscuit	牛奶 南瓜馒头 Milk,Steamed bun with pumpkin
午餐 Lunch	主食 Main food	米饭 Rice	花色饭 A variety of rice
	主菜 Main course	托&小班: 红烧肉糜 Braised minced meat 中&大班: 红烧排骨 spareribs braised in brown sauce	田园蛋炒饭 (圆青椒、鸡蛋、胡萝卜) Fried rice with egg (Green Pepper,Egg,Carrot)
		莴笋牛肉片 Beef slices with lettuce	香卤鸡腿 托班: 鸡肉末 小中大: 鸡腿 Fried chicken leg (Toddlers: Diced Chicken)
		清炒杭白菜 Chinese cabbage	荷兰豆炒木耳 Fried Black fungus with snow peas
	汤 Soup	胡萝卜海带排骨汤 Carrot and kelp ribs soup	罗宋汤 (番茄、土豆、卷心菜、洋葱、牛腩) Borscht
下午点心 Afternoon snack	芹菜猪肉水饺 Celery and pork dumplings	杂粮粥 青团 Coarse cereal porridge Fruit sago soup	
下午水果 Fruit	阿克苏苹果 Apple	水果拼盘 Fruit plate	
过敏儿 Allergic children	1、忌菇者勿加入 Avoid mushrooms. Don't add them; 2、忌海鲜者改为鸡肉 Avoid seafood. Change to chicken; 3、忌牛肉者改为鸭肉 Avoid beef. Change to duck; 4、忌蛋者改为肉末 Avoid eggs. Change to minced meat; 5、忌牛奶者改为豆浆 Milk allergies. Change to soybean milk.		

注: 根据当天的市场供应情况, 学校保留更改所有权利, 将不再另行通知!

Angels Kindergarten reserves the rights to amend the menu items above if needed without prior notification.